

Copper River Salmon Pot Stickers

By Kinsey Brown



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Ingredients

- 1 lb Copper River salmon, skinned and deboned
- 1 inch ginger, grated
- 2 cloves garlic, diced
- 4 green onions, chopped
- 1 tbs fish sauce
- 1/2 tbs rice wine vinegar
- 1/4 tbs crushed red chili flakes
- 20 gyoza wrappers

*You can use a food processor for all the chopped ingredients, but many people prefer the texture of hand chopped filling. Store bought gyoza wrappers can be found in the freezer aisle and will need to be defrosted before use. Dumplings are often made with pork which is fatty. To make this healthier version, use an especially fatty fish like Copper River King or Coho.

Instructions

-Finely chop salmon, or pulse in a food processor, and place in large mixing bowl. Add in green onions, ginger, and garlic and mix well. Season with dry spice ingredients and slowly stir in liquid ingredients. Place mix in the refrigerator for at least 30 minutes to chill.

-Cover baking sheet with wax paper. Place a heaping tablespoon of the salmon mix in center of gyoza wrapper. Using bowl of water to constantly wet fingertips, fold the gyoza wrapper in half and slowly pinch the edges diagonally together. The water will help the wrapper stick. Place completed dumplings on the wax paper, making sure that they do not touch to prevent them from sticking together. When the baking sheet is full, place it in freezer for at least one hour.

-When ready to cook dumplings, remove from freezer and heat a small amount of olive oil over medium-high heat in a skillet. Place the dumplings in the skillet and allow the bottoms to brown slightly. Once the bottoms have turned golden, pour 1/2 cup of water into skillet and cover with a lid to trap the steam.

-Reduce heat to medium and allow the dumplings to steam until the gyoza wrappers become slightly translucent (about 9 minutes). Remove from the pan and serve with your favorite dipping sauce.



COPPER RIVER

Wild Alaska King, Sockeye & Coho

www.CopperRiverSalmon.org