Copper River Lilikoi Beurre Blanc

ByDiane Wiese



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Serves 4

Ingredients

For the Lilikoi Beurre Blanc: 2 medium shallots, finely minced

1/2 cups dry white wine (Sauvignon Blanc)
 1/2 cup Champagne vinegar
 1/3 cup Lilikoi puree
 1 cup (2 sticks) cold unsalted butter, cut into tablespoons
 Coarse salt and freshly ground pepper

1/2 cup chopped fresh herbs, parsley & chives
1 Pomegranate~arils removed for garnish
4 6oz portions of Copper River Sockeye salmon, pin bones removed 2 Tbls.
butter plus 1 T olive oil
2 Tbsp butter, unsalted
1 Tbsp cornstarch (optional)
Fresh cilantro, diced for garnish



Instructions

Lilikoi Beurre Blanc:

In small saucepan, combine shallots, wine, lilikoi puree & vinegar. Bring to a boil, reduce heat to medium, and simmer until liquid is reduced to 2 tablespoons, about 10 minutes. Turn down heat to low. Whisk in butter, 1 tablespoon at a time. Don't allow sauce to simmer. Season with salt and pepper and keep warm over a bain-marie. Just before serving, stir in herbs.

For the salmon:

Season with salt & pepper. In a cast iron pan, melt butter, add olive oil & over medium heat cook the fish 3-4 minutes on each side.

Remove to a serving dish & spoon warm Lilikoi Beurre Blanc over the salmon. Sprinkle with pomegranate arils. Serve with your favorite sides.

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